

There is a national awareness program aimed at assisting emergency personal with notifying loved ones in times of medical emergencies. The “ICE” program, an acronym for “In Case of Emergency”, is being promoted throughout the country. Most people now carry mobile phones, and with ICE entries, authorities would know immediately who to contact and what number to call. The person contacted may even know their medical history.

All you need to do is identify who you would want contacted in case of an emergency, and store a phone number they can be contacted at under the name “ICE”. Emergency personal can then easily locate this number on your cell phone. For more than one emergency contact (spouse, child, parent, clergy) you can list multiple contacts under "ICE1", "ICE2", "ICE3".

There is also a benefit to loved ones. Research suggest that people recover from the psychological effects of their loved one being hurt if they are involved at an earlier stage and they can reach them quickly.

We hope all will participate in this national program for their benefit and that of the community